

Monitorización Terapéutica de Antimicrobianos en Neonatología. Optimización de Dosis.

QF. Gustavo Tripailaf

Introducción

- Paciente ingresados a cuidados intensivos son expuestos polifarmacia
- Neonatos de bajo peso al nacer: 25 % de sus fármacos corresponde a un ATB
- Fisiología única afecta la Farmacocinética de los Medicamento eso sumados a sus comorbilidades y medicamentos concomitantes

“infants are not just small children”

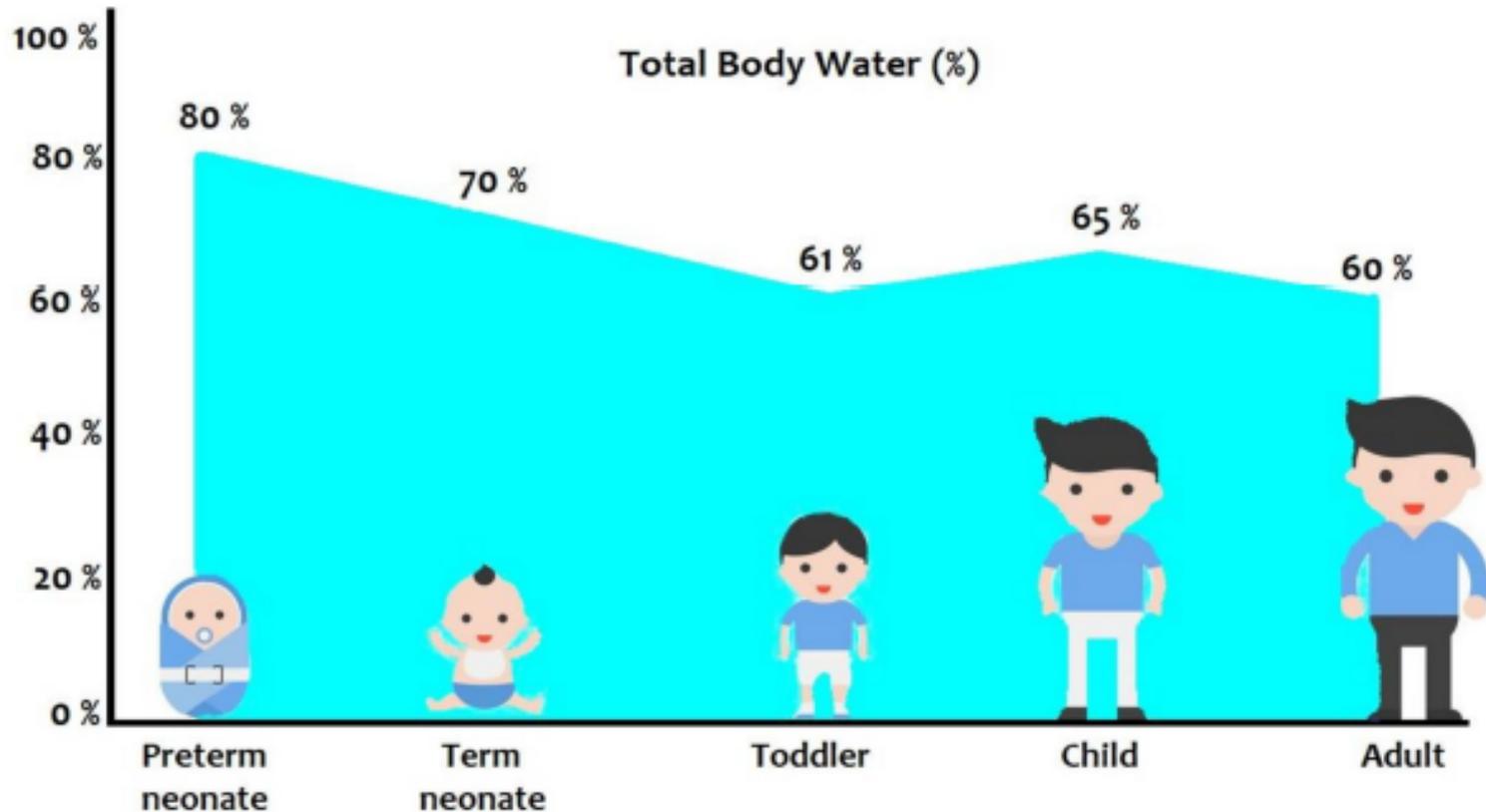


Figure 1. Body composition (total body water) and growth. Modified from Rodieux et al. [11].

Table 1 Effects on drug pharmacokinetics related to organ maturation and development in children

	Neonate/infant	Effect on drug pharmacokinetics	
Absorption	↑ Gastric pH	Variable effect on rate and extent of absorption	
	↑ Gastric emptying		
	↑ GI transit time		
	↓ Gastric enzyme activity		
	↓ Bile salt		↓ Absorption of some drugs
	Changes in intestinal flora		↑ Absorption of some drugs
	Skin permeability	↑ Absorption of some drugs	
Distribution	↑ TBW	↑ Apparent V_d for water-soluble drugs	
	↑ ECW	↓ Apparent V_d for drugs that bind to muscle and/or fat	
	↓ Body fat		
	↓ Muscle mass		
	↓ Albumin levels	↓ Fraction bound for drugs highly bound to albumin	
	↓ α 1-acid glycoprotein	↓ Fraction bound for drugs highly bound to α 1-acid glycoprotein, resulting in an increased apparent V_d and/or increased toxicity	
Metabolism	↓ Oxidative enzyme activity (CYP) ^a	↓ Drug metabolism, plasma clearance with ↑ in apparent half-life in neonates and young infants	
	↓ Glucuronidation (UGT) ^a	↑ Plasma drug clearance and ↓ in half-life of specific drugs	
Elimination	↓ Kidney function (filtration, reabsorption, secretion)	↓ Clearance and accumulation of renally excreted drugs	

GI gastrointestinal, *TBW* total body water, *ECW* extracellular water, V_d volume of distribution, *UGT* uridine diphosphate glucuronosyltransferase, *CYP* cytochrome P450, ↑ indicates increase, ↓ indicates decrease

^a Apparent increase in activity for selected drug-metabolizing enzymes in older children/adolescents

Antibiótico ideal:
Eficaz y mínimamente toxico.

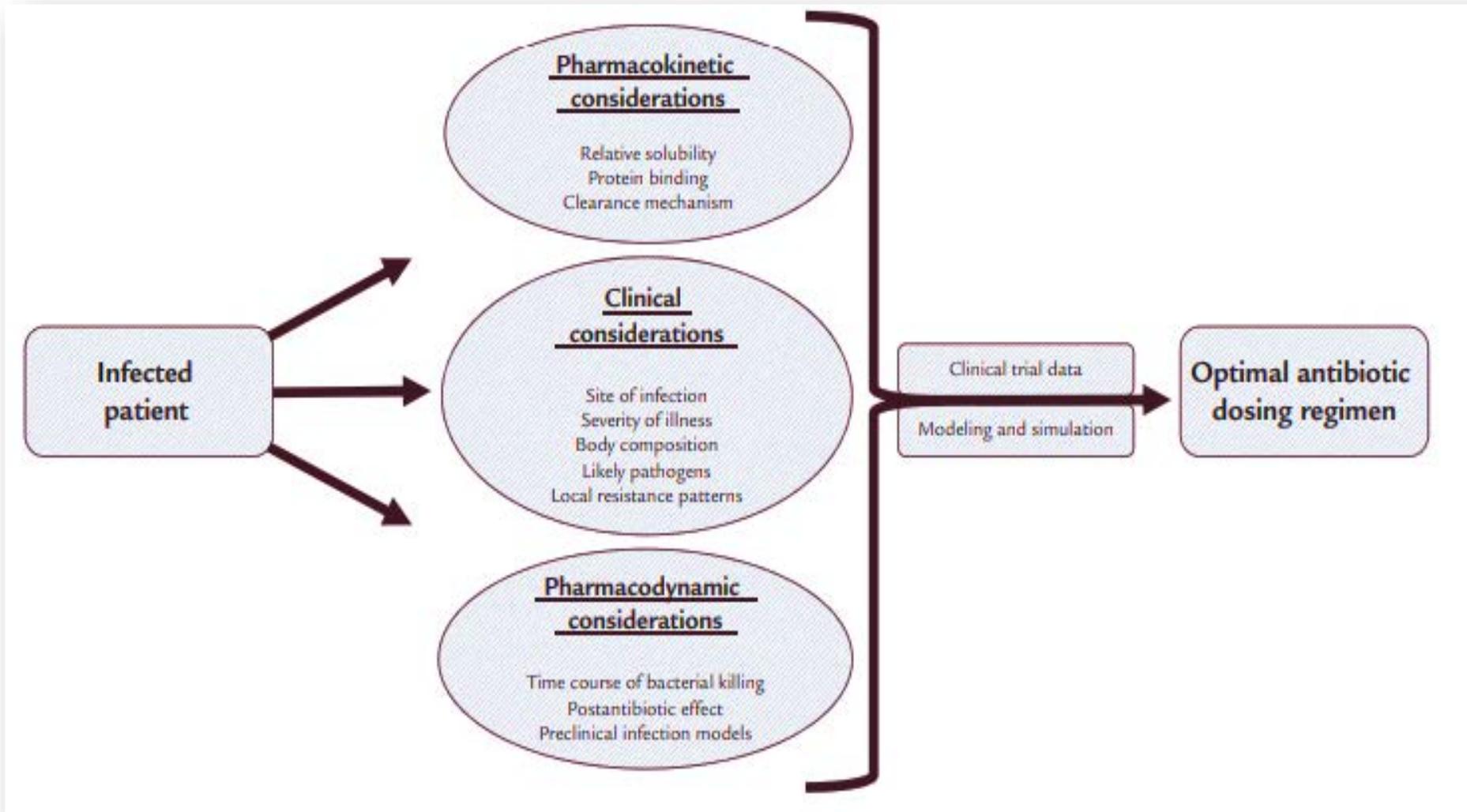
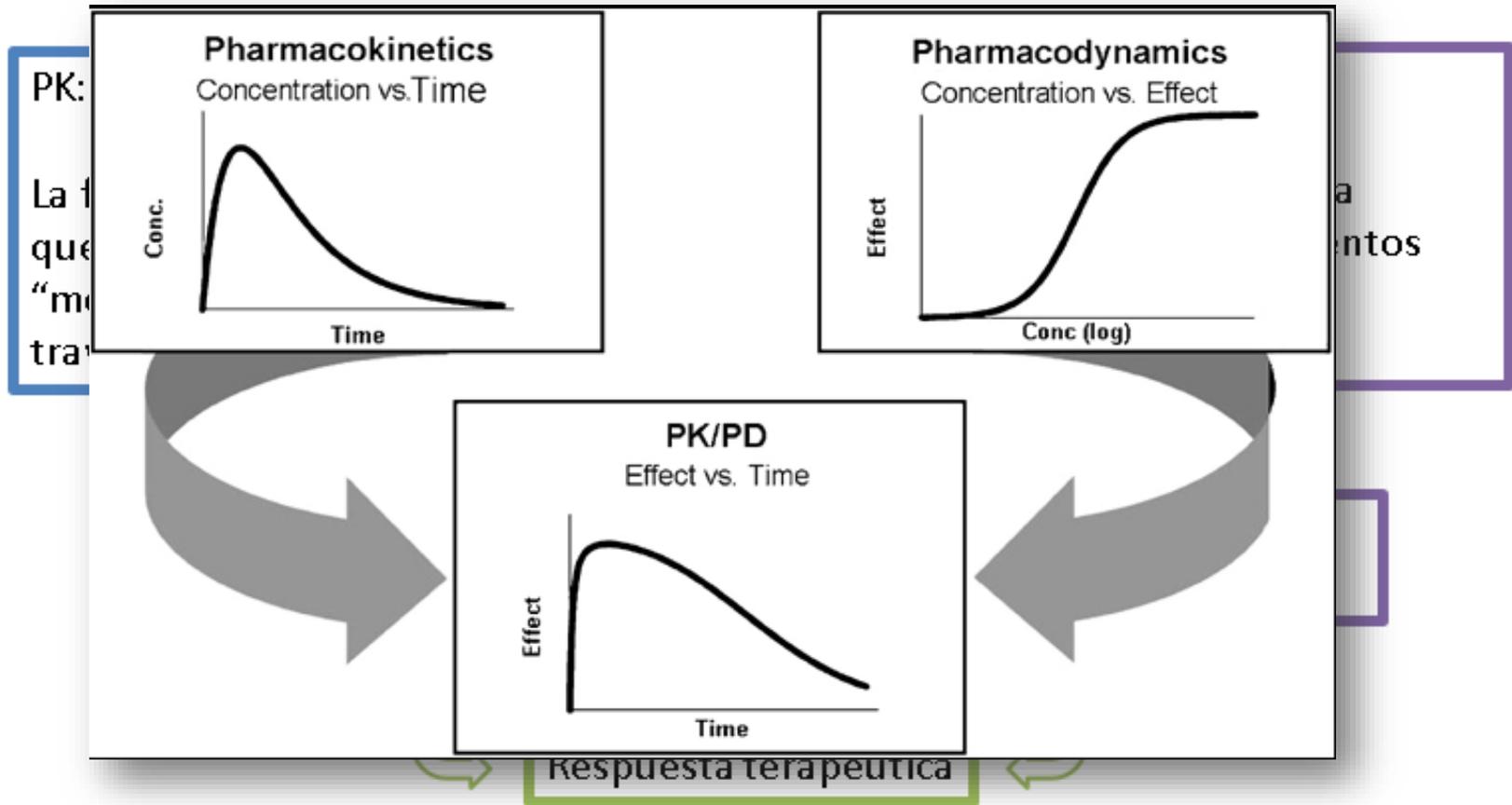


Table 1 The relationship between molecular and pharmacokinetic characteristics of antibiotics

	Hydrophilic antibiotics	Lipophilic antibiotics
PK in healthy conditions	Intracellular penetration: low Vd: Low Cl: >> Renal	Intracellular penetration: good Vd: High Cl: >> Hepatic
PK in critical illness	Vd: increased Cl: increased (e.g., ARC) or decreased (e.g., renal dysfunction)	Vd: Relatively unchanged Cl: Unaffected or decreased depending on hepatic function and blood flow
PK in ECMO	Vd: increased Cl: Unaffected or decreased (in renal function)	Vd: Increased or unaffected Cl: Likely decreased
PK in CRRT	Cl: Increased	Cl: unchanged or only mildly increased
Examples of antibiotic classes	β -Lactams, aminoglycosides, glycopeptides	Macrolides, fluoroquinolones

ARC augmented renal clearance, Cl clearance, CRRT continuous renal replacement therapy, ECMO extracorporeal membrane oxygenation, PK pharmacokinetics, Vd volume of distribution

Modelos PK/PD



Parámetros PK/PD

Table 1
Pattern of activity of different antibacterial drugs and their associated pharmacokinetic/pharmacodynamic (PK/PD) targets.^a

Mechanism of bactericidal effects based on in vitro data	Antibiotic class	PK/PD parameter(s) associated with efficacy	Goal of dosing regimen
Concentration-dependent killing with moderate-to-persistent bactericidal effects	Aminoglycosides Fluoroquinolones Metronidazole Daptomycin Ketolides	C_{max}/MIC AUC_{0-24}/MIC	Maximise concentration: increase dose
Time-dependent killing with minimal-to-no persistent bactericidal effects	β -Lactams: Penicillins Cephalosporins Carbapenems Aztreonam Erythromycin	$T_{>MIC}$	Maximise the duration of exposure: increase duration of infusion or frequency of administration
Time-dependent killing with moderate-to-prolonged persistent bactericidal effects	Macrolides Tetracyclines Glycopeptides Clindamycin Linezolid ^b	AUC_{0-24}/MIC	Maximise drug exposure: increase dose, frequency of administration or duration of infusion

C_{max} , maximum serum concentration; MIC, minimum inhibitory concentration; AUC_{0-24} , area under the concentration–time curve over a 24-h period; $T_{>MIC}$, percentage of the dosing interval above the MIC.

^a Adapted with permission from Taylor and Francis Group LLC Books [10].

^b $T_{>MIC}$ has also been reported to be an appropriate PK/PD target for linezolid [9].

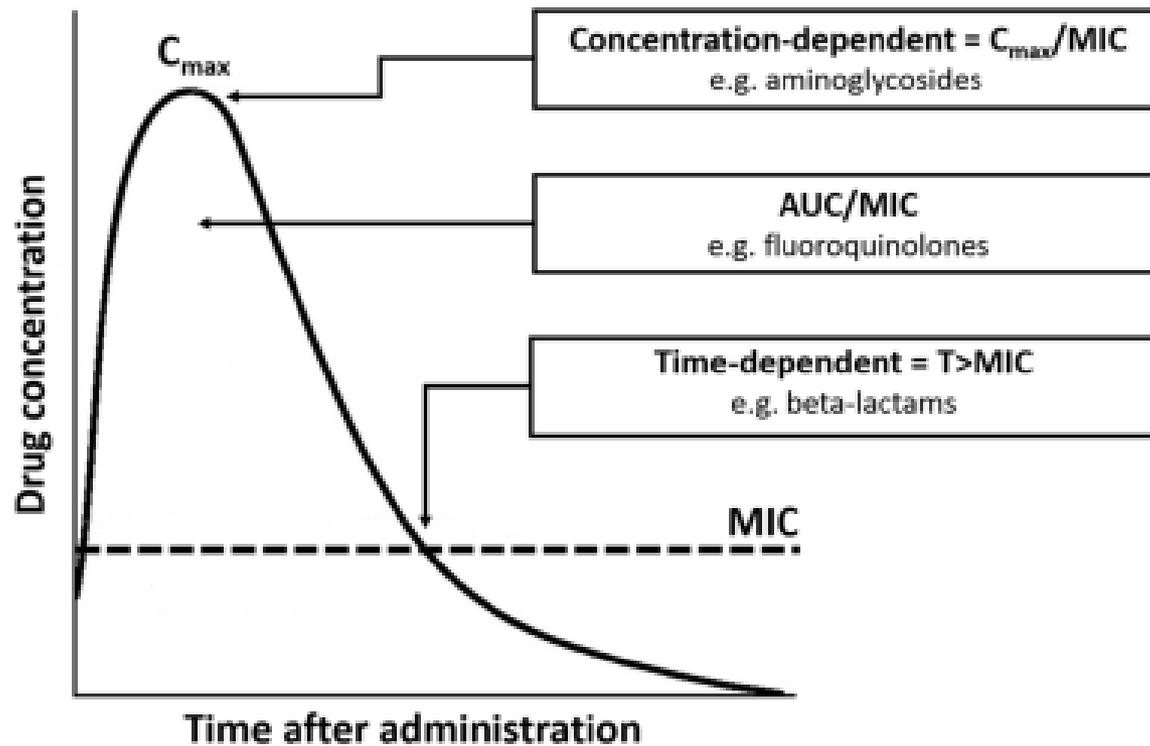


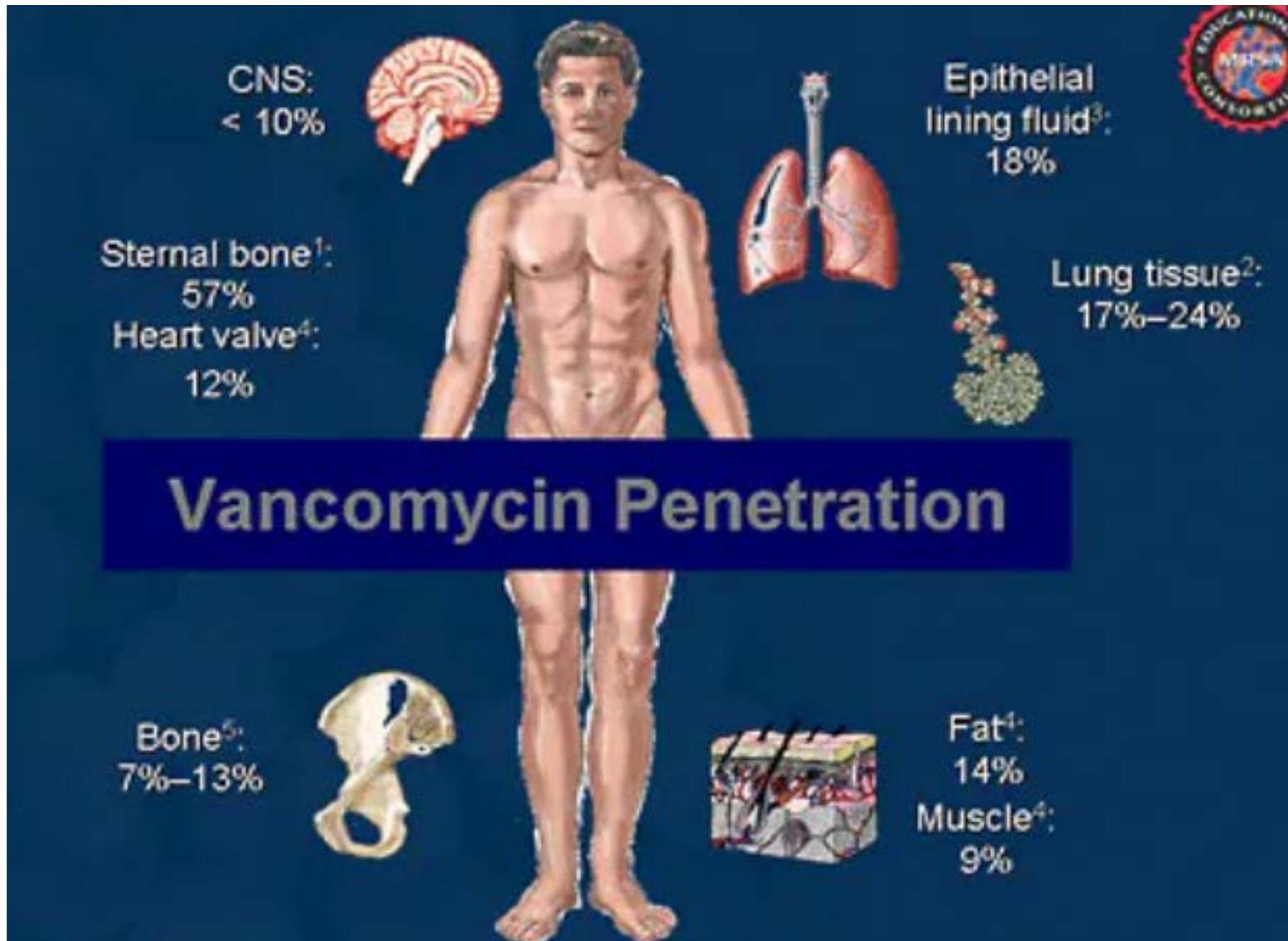
Fig. 2 Pharmacokinetic/pharmacodynamic parameters of antibiotics. *AUC* area under the curve, C_{max} peak drug concentration, *MIC* minimum inhibitory concentration, *T* time

Optimización de dosis de Vancomicina

- Glycopeptido
- Excreción renal (80-90%).
- Vida media: Premature infants, 8.7 to 11.3 hrs

Hidrofílico

- RAM: Nefrotoxicidad (interacción con otros nefrotóxicos)



Alpesh Amin, MD, MBA, FACP: Let's get started with our discussion on methicillin-resistant *Staphylococcus aureus* (MRSA) in the hospital and community. consultado en: <https://www.medscape.org/>

Therapeutic monitoring of vancomycin for serious methicillin-resistant *Staphylococcus aureus* infections: A revised consensus guideline and review by the American Society of Health-System Pharmacists, the Infectious Diseases Society of America, the Pediatric Infectious Diseases Society, and the Society of Infectious Diseases Pharmacists



An audio interview that supplements the information in this article is available on AJHP's website at www.ajhpvoices.org.

Am J Health-Syst Pharm. 2020;77:835-864

The first consensus guideline for therapeutic monitoring of vancomycin in adult patients was published in 2009. A committee representing 3 organizations (the American Society for Health-System Pharmacists [ASHP], Infectious

Staphylococcus aureus (MRSA) infections. It should be noted, however, that when the recommendations were originally published, there were important issues not addressed and gaps in knowledge that could not be covered ade-

Recomendaciones:

Table 2. Primary Recommendations for Vancomycin Dosing and Therapeutic Drug Monitoring

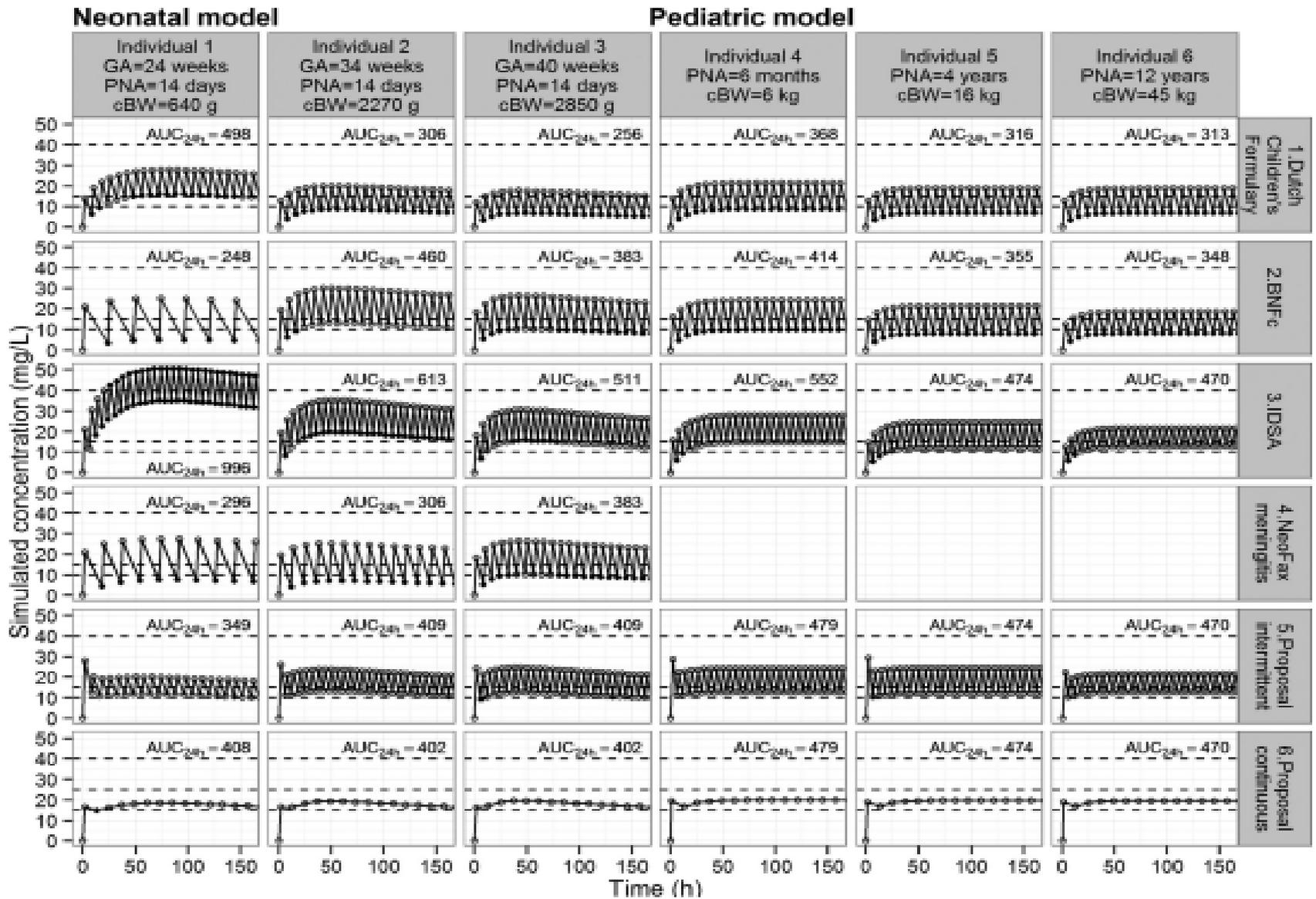
A. ADULTS AND PEDIATRIC PATIENTS

1. In patients with suspected or definitive serious MRSA infection, a vancomycin MIC_{BMD} of 1 mg/L or less at most institutions. Given the importance of achieving clinical efficacy while improving patient outcomes, a vancomycin MIC_{BMD} of 1 mg/L or less is advocated to achieve clinical efficacy while improving patient outcomes (A-I). **Sospecha de infección seria de MRSA. AUC/MIC 400-600**
2. When transitioning to AUC/MIC monitoring, clinicians should conservatively target a vancomycin MIC_{BMD} of 1 mg/L or less at most institutions. Given the importance of achieving clinical efficacy while improving patient outcomes, a vancomycin MIC_{BMD} of 1 mg/L or less is advocated to achieve clinical efficacy while improving patient outcomes (A-II). As such, clinicians should require steady-state serum vancomycin concentrations to allow for early assessment of AUC target attainment. **Monitorizar tempranamente 24-48 hrs**
3. Trough-only monitoring is not recommended (A-II). There is insufficient evidence to support the use of trough-only monitoring for serious MRSA or other infections. **No se recomienda solo la monitorización de nivel basal. Basado en la eficacia y nefrotoxicidad.**
4. Vancomycin monitoring is recommended for all patients at high risk for nephrotoxicity (e.g., prolonged course of therapy, hemodynamically unstable patients) unless it is known to be greater or less than 1 mg/L by BMD). Independent of MRSA infection, vancomycin monitoring is also recommended for all patients at high risk for nephrotoxicity (e.g., prolonged course of therapy, hemodynamically unstable patients) unless it is known to be greater or less than 1 mg/L by BMD). **Frecuencia de monitorización: paciente estable hemodinámicamente 1 vez a la semana,**
5. Based on current evidence, when the MIC_{BMD} is greater than 1 mg/L, the probability of achieving an AUC/MIC target of 2400 is low with conventional dosing, higher doses may risk unnecessary toxicity, and the decision to change therapy should be based on clinical judgment. In addition, when the MIC_{BMD} is less than 1 mg/L, we do not recommend decreasing the dose to achieve the AUC/MIC target. It is important to note the limitations in automated susceptibility testing methods, including the lack of precision and variability in MIC results depending on the method used (B-II). **Infusión continua, puede ser una alternativa**
6. The pharmacokinetics of continuous infusion suggest that such regimens may be preferred for patients who cannot be achieved (B-II).
7. Incompatibility of vancomycin with other drugs commonly coadministered should be considered for continuous infusion (A-III). **Revisar incompatibilidad con otros fármacos EV**

C. PEDIATRIC PATIENTS

17. Based on an AUC target of 400 mg · h/L (but potentially up to 600 mg · hr/L assuming a MIC of ≤ 1 mg/L) from adult data, the initial recommended vancomycin dosage for children with normal renal function and suspected serious MRSA infections is 60 to 80 mg/kg/day, divided every 6 to 8 hours, for children ages 3 months and older **(A-II)**.
18. The maximum empiric daily dose is usually 40 mg/kg/day and doses should be adjusted based on renal function and should not exceed 2,000 to 3,000 mg/day **(A-III)**. Further dose adjustments should be made as resolution of their renal function may occur within the first 5 days of therapy.
19. AUC-guided therapeutic monitoring for vancomycin in children with a CL documented from the newborn to the adult population, including the application of Bayesian estimation, may be an optimal approach to individualize vancomycin therapy in pediatrics since it can incorporate varying ages, weights, and renal function. Both serum and urine concentrations should be monitored. **Monitorizar guiados por AUC. Preferir estimación bayesiana**
- Todos los pacientes pediátricos. Cambios en el Clearance (monitorizar función renal)**
20. **Inicio control 24-48 hrs. Dosis inicial ajustado en insuficiencia renal y obesidad o nefrotóxicos concomitantes.**
21. Vancomycin exposure may be optimally achieved with a daily dose of vancomycin above 80 mg/kg/day has been associated with these thresholds **(B-III)**. **AUC < 800; NPV basal <15; evitar dosis > 100 mg/kg/dia**
22. Insufficient data exist on which to base a recommendation for a loading dose among the nonobese pediatric population. Loading doses from adult studies may be considered, but further studies are needed to elucidate the appropriate dose for the various pediatric populations, from neonates to adolescents **(C-III)**.
23. *Pediatric Obesity*: Data suggest that obese children are likely to have vancomycin exposures that may be statistically greater than in normal-weight children when doses are calculated on a mg/kg basis, but these differences are not known to be of sufficient clinical importance to suggest different mg/kg empiric vancomycin dosages in obese children at this time. Similar to nonobese children, obese children < 12 years old, compared with those ≥ 12 years, may require higher mg/kg doses **(B-II)**.
24. *Pediatric Obesity*: Therapeutic monitoring is likely to be of particular value in obese children, both for therapeutic response and to minimize the risk of AKI. The specific recommendations for therapeutic monitoring in nonobese children may also apply for obese children **(B-II)**. A loading dose of 20 mg/kg by total body weight is recommended in obese children **(A-III)**.
25. *Neonates*: Dosages recommended to achieve an AUC of 400 mg · hr/L (assuming a MIC of 1 mg/L) in neonates and infants up to 3 months old range from 10 to 20 mg/kg every 8 to 48 hours depending on postmenstrual age, weight, and SCr **(A-II)**.

Abbreviations (not defined in body of table): AUC, area under the curve; BMD, broth microdilution; CL, clearance; ICU, intensive care unit; KDIGO, Kidney Disease: Improving Global Outcomes; MIC, minimum inhibitory concentration; MRSA, methicillin-resistant *Staphylococcus aureus*; SCr, serum creatinine; V_d , volume of distribution.



Dosificación de Vancomicina en Neo

Tabla 11. Recomendación para la dosificación de vancomicina: dosis intermitente

Edad postnatal (días)	Peso nacimiento (gramos)	Dosis de carga (mg/kg)	Dosis de mantención (mg/kg/día)	Intervalo de las dosis (h)
0-7	≤ 700	16	15	8
	701-1.000		21	8
	1.001-1.500		27	8
	1.501-2.500		30	6
	> 2.500		36	6
8-14	≤ 700	20	21	8
	701-1.000		27	8
	1.001-1.500		36	8
	1.501-2.500		40	6
	> 2.500		48	6
15-28*	≤ 700	23	24	8
	701-1.000		42	8
	1.001-1.500		45	8
	1.501-2.500		52	6
	> 2.500		60	6

*Puede dividirse en 21-28 días y utilizarse dosis de carga en este subgrupo de 26 mg/kg. Rivera-Chaparro ND, Cohen-Wolkowicz M y cols.¹. S Cristea, K Allegaert y cols.⁶⁰.

Tabla 13. Recomendación para dosificación continua de vancomicina

Creatinina sérica (mg/dL)	Edad gestacional corregida (semanas)	Dosis de carga (mg/kg)	Dosis mantención (mg/kg/día)
< 0,45	≥ 40	15	50
< 0,45	< 40	15	40
0,45-0,68	Todas	15	30
> 0,68	Todas	15	20

Gwee A, Cranswick N y cols.⁵⁸.

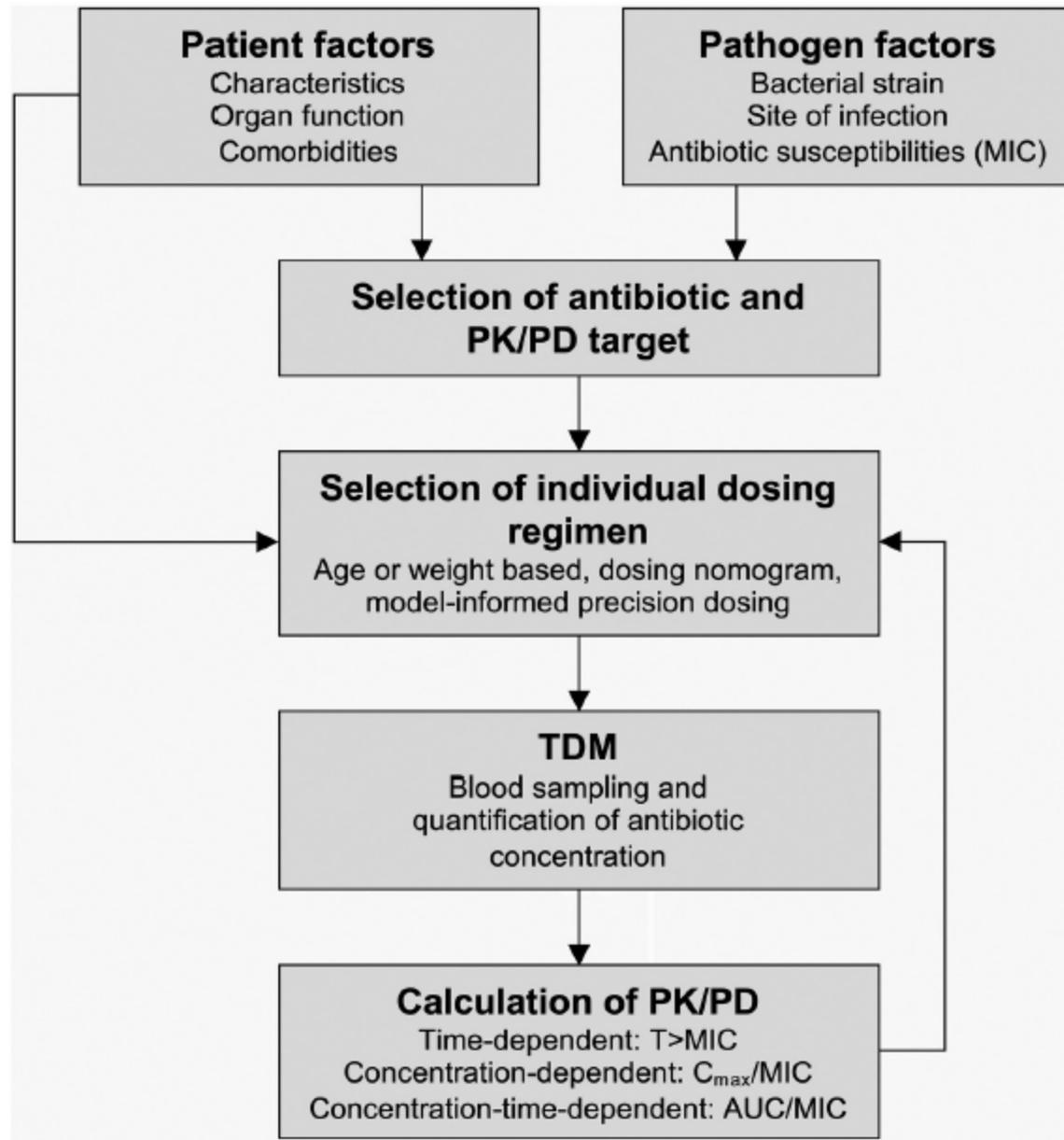
Css target antes CIV vs IIV
Menos ajustes de dosis
Menos dosis diaria (mg/kg/día)

Tabla 14. Ajuste para dosificación c

Adjuste dosis (mg/día): Se calculará por la última dosis de mantenimiento X (concentración target (20 µg/mL)/última concentración de vancomicina).

Gwee A, Cranswick N y cols.⁵⁸.

Ojo: compatibilidad EV



Como podemos calcular el AUC?

1. Método Bayesiano:

- Basado en el teorema de Bayes
- Estima los parámetros farmacocinético usando los datos poblacionales (a priori)
- Revisa la distribución probable usando los datos exactos del paciente mas los datos poblacionales, considerando las características del paciente (a posteriori)
- Requiere la utilización de un Software

2. Método trapezoidal.

- Varios pasos (formulas para calcular PK)
- Requiere dos NPV

ID del paciente: 9 Sexo *: **Masculino** Femenino Exacto CrCl 49 ml/mir

Peso *: 1,09 **kg** lb Altura *: 37 **cm** in

Medicamento: Vancomycin Modelo: General

Ruta: Intermittent IV - Injection

Población PK: **Frymoyer 2014 (< 3 months)**

Función renal: **Como sigue la población?**

Other model options: Moffett 2019 (Post cardiac surgery), Capparelli 2001 (Infant), Rodvold 1988

A one-compartment, first order elimination model derived from a 5-year retrospective study conducted for neonates from level 3 NICU at a tertiary care medical center (2007-2012) using 1702 vancomycin concentrations from 249 neonates w/ median PMA ~ 39 weeks and median weight ~2.9 kg. Covariates: post menstrual age (PMA), serum creatinine (SCr), total body weight (TBW), gestational age (GA).

Preterm, Term Neonates, and Infants | Frymoyer 2014

- GA < 37 weeks and PNA < 28 days
- GA ≥ 37 weeks and PNA < 28 days
- PNA < 3 months

Infants and Neonates | Capparelli 2001

- PNA ≤ 6 months regardless of Scr levels

Moffett 2019

- Post Cardiac Surgery Neonates and Infants

PK del paciente ^

Vd **0.658** **0.650**

CL **0.081** **Entrada**

F **100** Ruta
Intermittent IV - Injection

ke **0.123**

t_{1/2} **5.63** Dosis
34 mg

Mostrar m

Intervalo
6 hr

Hora de la infusión
2 hr

MIC
1 mg/L

Gráfica del nivel sérico ⚙

i ¿Cómo se interpreta esta gráfica?

Apr 11, 2022 06:34 - Apr 12, 2022 06:19 **268.77** **287.11** hr*mg/L

■ Población ■ Individuo ■ Terapéutico ■ Toxicidad ■ Nivel sérico

Nivel sérico (mg/L)

Tiempo complet

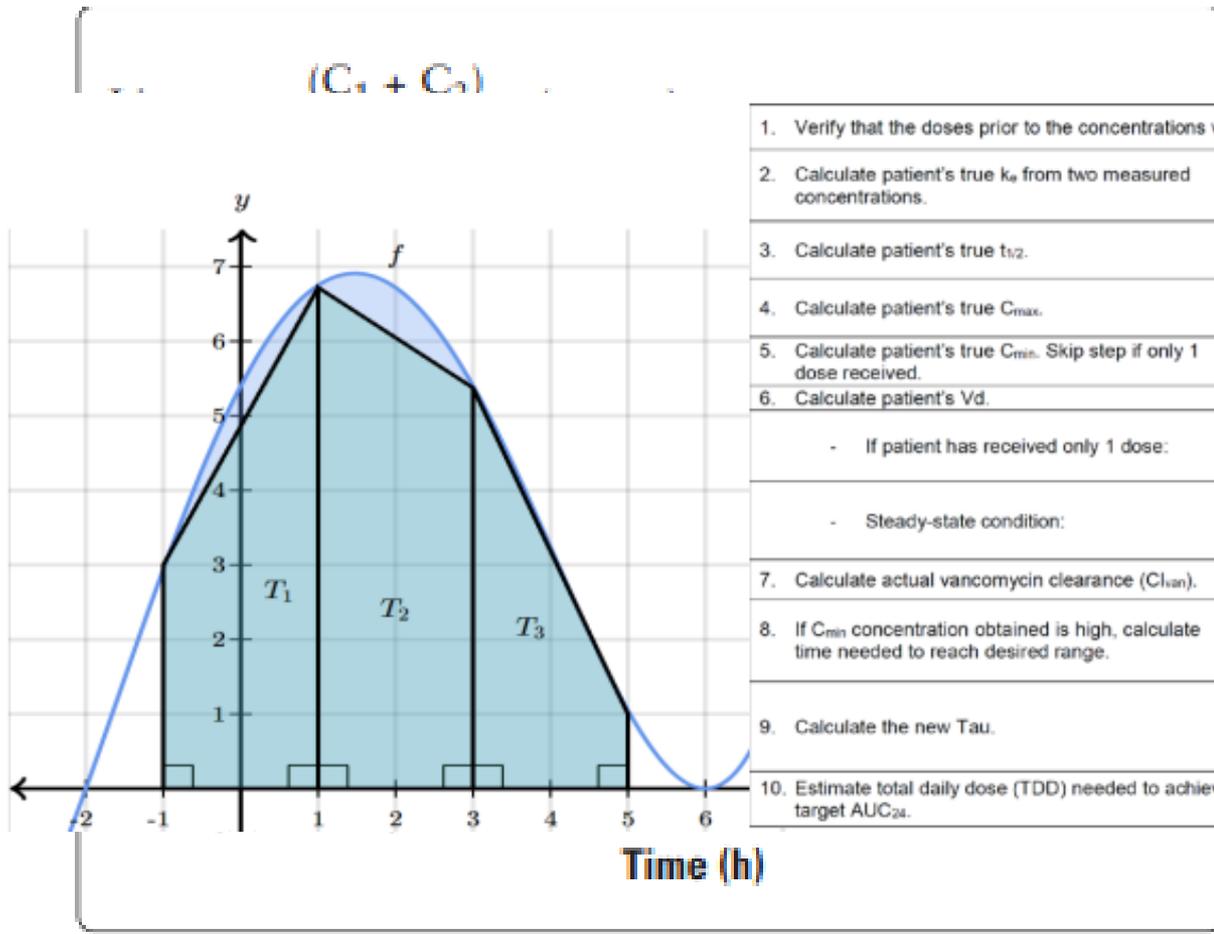


Predicción

	Población	Individuo
Peak ? mg/L	21.51	22.62
Trough mg/L	10.97	12.05
Average Concentration mg/L	15.95	17.06
AUC24 hr*mg/L	! 382.71	409.39
AUC24/MIC	382.71	409.39

Mostrar más

Método trapezoidal



1. Verify that the doses prior to the concentrations were on time and drawn appropriately.	
2. Calculate patient's true k_e from two measured concentrations.	$k_e = \frac{\ln(C_1/C_2)}{(t_2 - t_1)}$
3. Calculate patient's true $t_{1/2}$.	$t_{1/2} = \frac{0.693}{k_e}$
4. Calculate patient's true C_{max} .	$C_{max} = \frac{C_1}{(e^{-k_e \Delta T})}$ <small>ΔT = time between end of infusion and time level drawn</small>
5. Calculate patient's true C_{min} . Skip step if only 1 dose received.	$C_{min} = C_{max} * (e^{-k_e * (Tau - t)})$
6. Calculate patient's V_d .	
- If patient has received only 1 dose:	$V_d = \frac{Dose}{t} * \frac{(1 - e^{-k_e t})}{(k_e + C_{max})}$
- Steady-state condition:	$V_d = \frac{MD}{t} * \frac{(1 - e^{-k_e t})}{k_e + (C_{max} - [C_{min} * e^{-k_e t}])}$
7. Calculate actual vancomycin clearance (Cl_{van}).	$Cl_{van} = V_d * k_e$
8. If C_{min} concentration obtained is high, calculate time needed to reach desired range.	$T = \frac{\ln(C_{min}/C_{des})}{k_e}$
9. Calculate the new Tau.	$Tau = \frac{\ln(C_{max,des}/C_{min,des})}{k_e} + t$
10. Estimate total daily dose (TDD) needed to achieve target AUC_{0-24} .	$TDD (mg) = Cl_{van} * Desired AUC_{0-24}$

<https://connect.insight-rx.com/neovanco/>

NeoVanco

calculator
atinine
claimer
InsightRx

Patient

Post-menstrual age:
32 5

Weight (kg):
2.3

Renal function

Serum creatinine: 0.34 Unit: mg/dL Assay type: Enzymatic

Calculations

A table showing exposure predictions based on 15 mg/kg dosing intervals will be generated below once all patient information is entered. For evaluation of custom regimens please use the inputs in the Custom Dose section.

Custom dose: 20 Unit: mg Custom interval: 6

Calculate predictions

Exposure predictions

	Dose	per kg	Every	AUC24*	Ctrough*	Pr(AUC>400)**	Pr(Ctrou
1	20 mg	8.7 mg/kg	6 hours	512 mg·hr/L	15.8 mg/L	87 %	0 %

post-menstrual age <52 weeks, NO major congenital heart disease NO congenital kidney disease.

The dosing tool should not be used in patients on ECMO or renal replacement therapy.
Caution is warranted in neonates with poor or worsening kidney function

Incompatibilidad Vancomicina en sitio Y

Albumin , aminophylline , azathioprine, daptomycin, flucloxacillin, furosemide, ganciclovir, indometacin, ketorolac, methylprednisolone sodium succinate, moxifloxacin, omeprazole, rocuronium, sodium bicarbonate, sodium valproate, urokinase

Vancomycin is incompatible with many beta-lactam antibiotics i.e. penicillins, cephalosporins and carbapenems.¹ Precipitation is more likely at higher concentrations of vancomycin. Flush the line well

COMPATIBLE CON ALPAR

Optimización de Dosis de Amikacina

- Aminoglucósido
- Esencialmente eliminada vía excreción renal a través de filtración glomerular y esta eliminación esta determinada por la nefrogenesis, la cual se completa entre las 32 -36 semanas de gestación .
- Hidrofílico
- RAM: nefrotoxicidad (leve, transitoria) y ototoxicidad (es irreversible, bilateral y simétrica. La cantidad de daño es directamente proporcional a la cantidad de exposición)

Dosificación de Amikacina: NEOFAX

Objetivos:

Cp min: 1,5 – 3 ug/mL

Cp max: >24 ug/mL

Resultados

Cp max: 90%

CP min: 71%

Weight	
800 g or less	16
801 to 1200 g	16
1201 to 2000 g	15
2001 to 2800 g	15
2800 g or greater	15

Smits et al, 2017; Rivera-Chaparro et al

Postnatal Age - Postmenstrual Age D
These regimens were developed by a r
gestational age 36.9 weeks (30.1 to 38
and 2+/-1.7 mg/L, respectively. Target c
[4].

Postmenstrual Age	
29 weeks or less	
30 to 34 weeks	
35 weeks or more	

Hughes, 2017

Objetivos:

CP max: 20-35 ug/mL

Cp min: > 8 ug/mL

Resultados:

Cp max: 28.5 ± 5.8 mg/L (84%)

CP min : 2.0 ± 1.7 mg/L (98%)

Dosificación de Amikacina en Neonatología

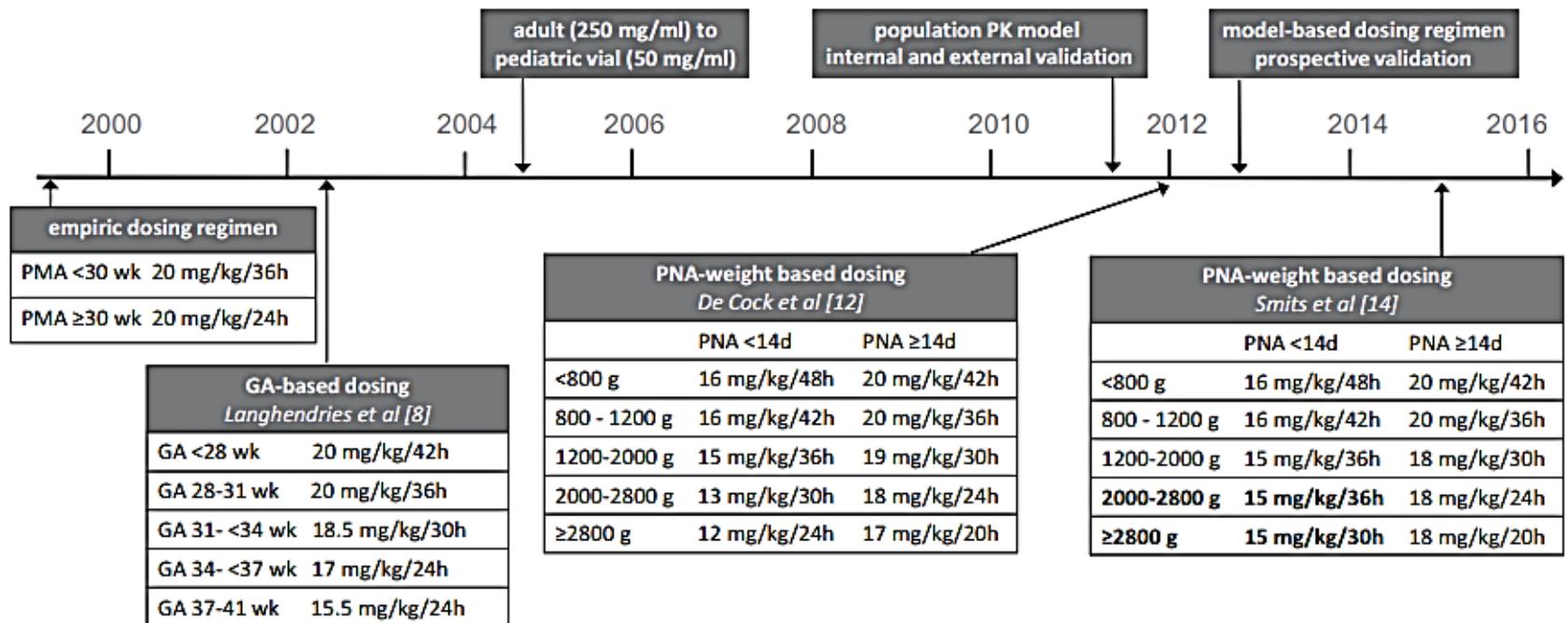
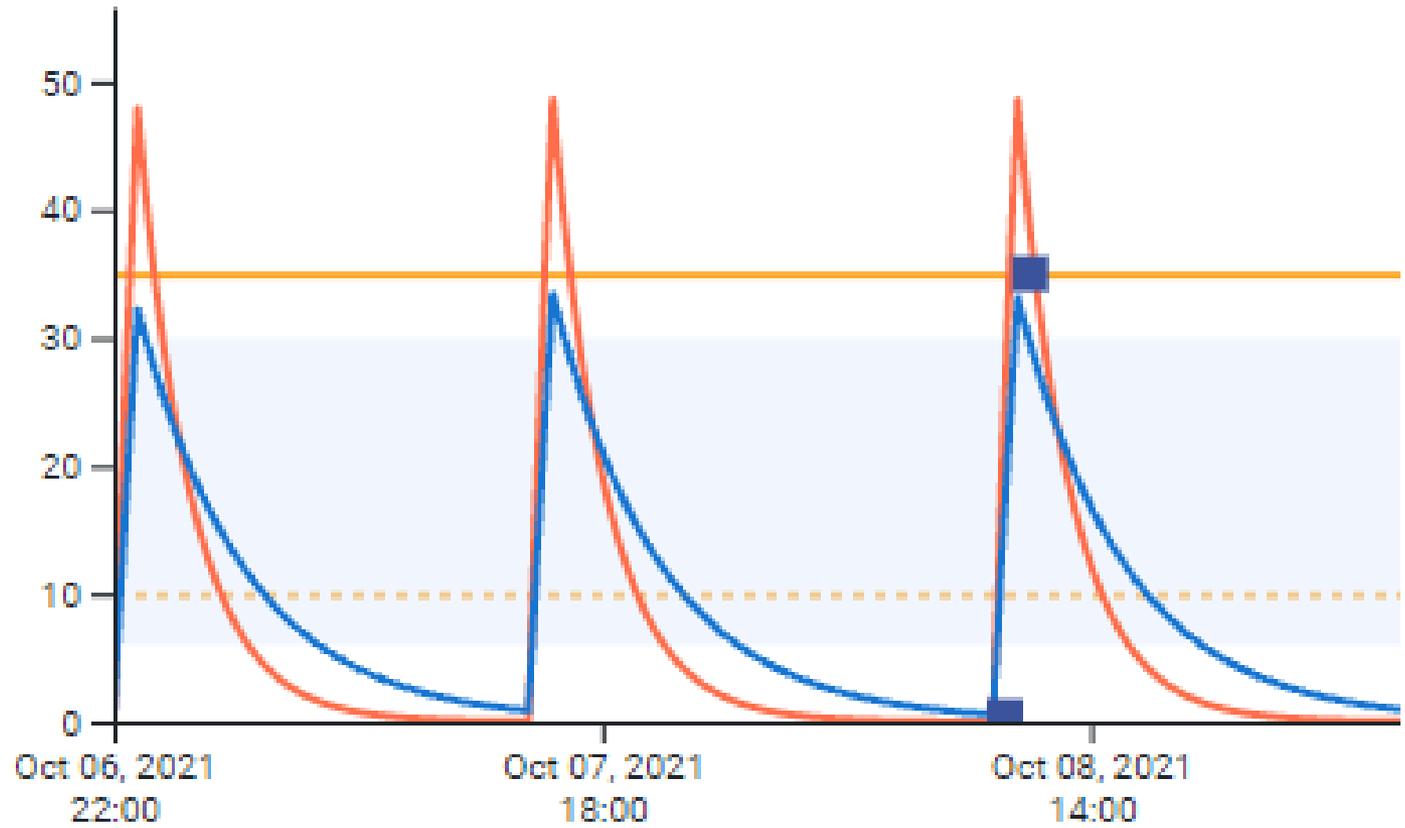


Figure 2. Overview of the 16 year research period, optimizing amikacin dosing in the Leuven unit. Specific highlights contributing to decrease the amikacin exposure variability as well as the different dosing regimens used are indicated.

Ajustar dosis en caso de uso concomitante ibuprofeno, Hipotermia/asfisia, falla renal

Nível sérico (mg/L)



Incompatibilidad amikacina en sitio Y

Penicillins and cephalosporins, azathioprine, azithromycin, defibrotide, folic acid, ganciclovir, indometacin, propofol , teicoplanin

INCOMPATIBLE CON ALPAR

**PRECAUCIÓN CON INTERACCIÓN CON PENCILINAS Y
CEFALOSPORINAS: SEPARAR HORARIOS DE
ADMINISTRACIÓN**

Medicamento	Muestra/ desde cuando se puede tomar la muestra	Concentración plasmática	Target PK/PD
Vancomicina	Predosis	5-20 ug/mL (con este resultado se realiza el cálculo de AUC).	AUC /CIM > 400 < 600
	Previo a 4° dosis. Excepcionalmente el Farmacéutico o infectólogo puede solicitar un nivel antes de la 4° dosis o en horario aleatorio	Precaución con nivel > a 15 ug/mL, dado que en algunos casos da una AUC > 600 (nefrotoxicidad)	
Amikacina	pre y postdosis	POSTDOSIS (efectividad)	Cmax/CIM: 8-10 veces
		20-35 ug/ml infecciones leves con CIM bajas.	
	previo a 2° dosis (y posterior a ella). Excepcionalmente el Farmacéutico o infectologo puede solicitar un nivel en horario aleatorio	45-65 ug/mL infecciones graves con CIM elevadas	
		PREDOSIS (seguridad) < 2 ug/mL o indetectable	